

Aston Clinton U3A Charity Number 1115424

rmation

October 2014



the London Museums and Westfield Shopping Centre, Monday 1st

⁷ <u>December 2014</u> Spend the day at any, or all, of the three Museums in South Kensington – Natural History Museum, Science Museum or the V and A. Or do your Christmas shopping at the Westfield Shopping Centre. Cost for the coach only, £12. Please pay by cheque at the October meeting or phone us for more details: *Chris B or Gloria C.*

Aston Clinton U3A "Strollers."

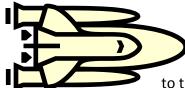
The Strollers met for the first time since the hot weather on Wednesday 24th of September. 19 Strolling walkers turned out in the afternoon. The walk started from the car park at Wilstone Village hall and followed

part of the "Black Poplar Walk". Black Poplar trees are becoming quite rare but can be seen along this route. From the car park we strolled across Wilstone recreation ground to the canal. Turning left we crossed over the canal using an old bridge. We had several people with sticks and walking aids but they managed the bridge and the steps on the far side. Two people then took a short cut across the field to the wooden bridge to return back to our cars. The rest of us walked across 3 fields to the road where we



turned along the road and taking another footpath across the fields to the wooden foot bridge and returning to our cars from the other side of the recreation ground. From Sue Lipscomb's app on her camera we walked 1.6 miles in 1 hr 2 mins. Our average strolling speed was 39 mins. per hour and we reached an elevation of 40 feet. We burned 181 calories that we made up at the farm shop tea room. Everybody enjoyed the stroll and shows how the group can be adaptable for us Strollers. Do come and join us *Ralph W.*

Discussion Group - Until further notice we will meet at the Youth Club Hall, located next to The Hub, first Thursday of the month 10.30 - 12.30. Next date is 6th November, 2014.



Science & Technology Group.

Just a few reminders:

Payment for Christmas dinner is now due. Please let me have £18 for each person. Those who have not paid can drop it in or send it to me. We can still add to the booking if anybody would like to join us.

Payment for the BBC can also be paid now. This is ± 20 each.

Our next meeting at Erica's is on Concorde, a talk by our own John Bullard.

Brian Porters talk in November is on the science of photography. Brian is the leader of the S n T for Tring U3A. Do look up the S n T section of the web site as there is now quite a lot of material there thanks to Pete Shaw. Many thanks to you for your kind words whilst I have been under the weather. Best wishes *Colin.*



"The third meeting of the <u>Music Appreciation Group</u> will take place at 7.30.pm. on Tuesday 11th November 2014 at the Anthony Hall. All are welcome, so why not join us for an enjoyable evening with friends. At this meeting, we shall be listening to music selected for us by Bernard Harlock and will finish with Rachmaninoff's Second Piano Concerto. Hope to see you there. *Pat Mc*" October 2014



U3A Trips, Outings and Holidays 2014

Destination	Date	<u>Transport</u>	<u>Price</u>	Group Leader
New Year's day Concert Barbican	Thursday Jan 1 st 2015	Coach	£39.00 Inc. Coach	Gloria C
Museums, South Kensington or Westfield Shopping Centre	1 st December 2014	Coach	£12.00	Chris B

Always remember. When booking trips etc. payment should be by cheque and made payable to Aston Clinton U3A Travel. Cash payments can only be made by special arrangements.

MONTHLY MEETINGS at ANTHONY HALL 2.30 till 4.30

October 21 st	Ken Brazier	Mercy Ships
November 18 th	Ted Sutton	The Mary Rose
December 16 th	Jim Mitchel	Opera –not just shrieking ladies & fat tenors

Trip to Downe House; which was the home of Charles Darwin for 40 years after he got married. It tells an interesting story of Charles Darwin.

He was a man of means, (his father made a lot of money and he married his cousin who was a Wedgewood) consequently he did not have to work for a living and could concentrate on his scientific work.

His father wanted him to study medicine but then when that did not work out he was sent to Cambridge to study for the Church. He lost interest in this but was persuaded to become the Captain's companion on HMS Beagle that was being sent on a surveying trip to South America. Although he was away for 5 years he only actually spent 18 months at sea!.

After he was married he moved to Downe house, London, where carried on with his experiments such as putting a box of earthworms on the drawing room piano to see if they could hear sounds. It was here that he wrote up his story of the voyage and his "Origin of the Species".

He was a good family man and very open with his 10 children for a Victorian father. He even had a wooden slide made for the children to slide down the stairs. He Played billiards with his man servant. He was agnostic and was strongly opposed to Slavery

This was a very interesting trip and thanks must be paid to Gloria and Erica for all their work organising it.

<u>ASTON CLINTON U3A WEBSITE</u>: Now that our website has been in operation for almost a year we would like YOUR suggestions/ criticisms/ ideas. We might be unable to incorporate them all but need to know if you find it simple or difficult to use, or anything that might help you. Please let us know what you think. Either email Pete Shaw on <u>pete@pete-shaw.com</u>, talk to one of the committee members, or hand us a note of suggestions

<u>LINE DANCING</u> - delighted to report that we are continuing with our Line Dancing "classes" on 3rd Monday of each month 10.30 - 11.30, at Halton Village Hall. We have several new members so anyone else who would like to start from scratch, please come along to our meetings and have some fun, mental and gentle physical exercise.



TABLE TENNIS - Every Thursday at the Youth Club, next to The Hub 2.30 - 4.00 pm. Experienced players or total novices very welcome. Bats and balls provided.